C5 to T1 Radiculopathy Testing Made Easy

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Root	Pain	Weakness	Numbness	Reduced Reflex
C5	Neck, shoulder, scapula	Shoulder abduction	Lateral antecubital fossa Key Point	Biceps
C6	Neck, shoulder, scapula, lateral arm, lateral forearm, lateral hand	Wrist extension	Thumb dorsal proximal phalanx Key Point	Brachioradialis
C7	Neck, shoulder, middle finger	Wrist flexion	Middle finger dorsal proximal phalanx Key Point	Triceps
C8	Neck, shoulder, medial forearm, medial hand, fourth and fifth digits	Finger flexion	Little finger dorsal proximal phalanx Key Point	None
T1	Neck, medial arm and forearm	Finger abduction	Medial antecubital fossa Key Point	None © All Rights Reserved. Educom Pty. Ltd.

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